

3 Pathways for Sport at Thomas Telford School



At Thomas Telford School, students will be encouraged to take part in all aspects of sport and physical activity. The 3 different pathways offer students the opportunity to take part recreationally or competitively with provision for both elements of the sporting spectrum.

Our Aims

Every student at Thomas Telford School will begin their Journey in sport within the <u>Participation</u> Pathway. The P.E curriculum will offer a broad range of sports and experiences for all and help to develop confidence and promote healthy, active lifestyles.

Session 3 will provide students with an opportunity to further develop skill acquisition and confidence. Session 3 will involve a mix of team practices and open to all sessions that students can access. In areas such as swimming, we offer session 3's that cater for all abilities from learn to swim/develop water confidence classes to swim club where Mr Plant prepares our swim team for galas.

All students will be encouraged to take part in healthy competitive sport. Within the competition pathway, students will be able to represent their house teams in termly events competing for house points whilst developing a competitive spirit and appetite for competition.

Our School team sports structure offers students the opportunity to represent the school in a range of fixtures. We offer a broad range of competitive opportunities that caters for all abilities. Students can use session 3 squad training sessions to develop their skills and techniques before applying them.

<u>Competition</u> at Thomas Telford School focuses on developing students sporting resilience. Students will develop a willingness to succeed but will also be gracious in defeat. The sporting journey for many of our student athletes at Thomas Telford School will be one filled with pride, experience and overall development.

Our <u>Performance</u> pathway offers students the opportunity to excel in their chosen sport. Thomas Telford School has always actively encouraged students to participate beyond the school sports structure. Our club links are very strong and we work with many local clubs in a range of sports.

Excellence in school sport is often rewarded with District and County representation. The opportunity to represent your District/County in any sport is a remarkable achievement and is something we actively encourage with all of our students.

Our International sportsmen and women continue to lead the way for our sporting pathways at Thomas Telford School. Our current group of International athletes provide inspiration for every student and proof that hard work, resilience and dedication is rewarded.

Participation Pathway

All students will take part within the participation pathway and have access to a variety of sports and activities within their curriculum time. Students will be encouraged to take part in physical activity at every key stage. Session 3 activities help to provide students with a broad base of opportunity within sport for all.

- Lessons
- Session 3 activities
- Development groups



Competition Pathway

Students with a passion and skillset for a particular sport will have the opportunity to represent the school in competitive fixtures. Competition for all is also provided through the school's house system with house competitions running through the year in a variety of sports.

- Intra-school sport- House competitions
- School teams

Performance Pathway

Students who excel in a sport(s) will play competitive sport outside school. This will take place at affiliated clubs/ organisations and will often involve a weekly competition structure. Students will be encouraged to use our club links in order to further develop their skills and confidence in their chosen sport(s).

Students will also be able to compete for county, regional and national representation by excelling within school sport and being successful within the relevant trial sessions/ fixtures/competitions.

- Club membership- take part/compete outside of school
- County/ district representation
- Regional representation
- National Representation